

## FRESH VEGETABLE SIDE DISHES

109. Mixed Vegetable Bhajee	£2.60	119. Chana Massalla (Chick Peas)	£2.60
110. Cauliflower Bhajee	£2.60	120. Egg Bhuna	£2.60
111. Saag Bhajee (Spinach)	£2.60	121. Chick Peas & Potato Bhajee	£2.60
112. Saag Aloo (Spinach & Potato)	£2.60	122. Bombay Aloo	£2.60
113. Saag- Panir (Spinach & Cheese)	£2.60	123. Tarka Dall (Lentils) Fried in garlic	£2.60
114. Aloo Gobi (Potato & Cauliflower)	£2.60	124. Garlic Fried Mushrooms	£2.60
115. Bhindi Bhajee (Okra)	£2.60	125. Massalla Sauce or Kurma Sauce	£2.60
116. Vaigan Bhajee (Aubergine)	£2.60	126. Curry Sauce	£2.00
117. Mushroom Bhajee	£2.60	127. Raitha (Cucumber or tomato)	£1.50
118. Chana Palok (Chick Peas & Spinach)	£2.60	128. Green Salad	£1.50

## SUNDRIES & INDIANA BREADS

129. Pilau Rice (Basmati)	£2.25	143. Nan	£1.90
130. Fried Rice	£2.25	144. Keema Nan or Keema Chilli Nan	£2.10
131. Boiled Rice	£1.95	145. Garlic Nan	£2.10
132. Lemon Rice	£2.25	146. Peshwari Nan	£2.10
133. Egg Fried Rice	£2.60	147. Vegetable Nan	£2.10
134. Special Fried Rice	£2.60	148. Cheese Nan or Cheese & Onion Nan	£2.10
135. Mushroom Fried Rice	£2.60	149. Poratha	£2.30
136. Keema Pilau Rice (minced lamb)	£2.60	150. Stuffed Poratha	£2.45
137. Vegetable Pilau Rice	£2.60	151. Chapati ( whole meal)	£1.25
138. Bengal Style Fried Rice <b>NEW</b>	£3.25	152. Butter Chapati	£1.45
Chicken, meat prawns, french beans stir fried with light spices and fresh coriander.		153. Tandoori Roti	£1.65
139. Chips	£1.75	154. Poori	£0.95
140. Papadom	£0.60	155. Chutneys	£0.60
141. Spiced Papadom	£0.70	Lime Pickle, Mango Chutney, Mint Sauce, Coconut Chutney, Chilli Pickle or Onion Salad	
142. Shish or Chicken Tikka Wrap <b>NEW</b>	£3.50		

## DRINKS

Cans	£0.70	Bottles 1.5ltr	£2 00
Coke, Diet Coke, 7 Up		Coke, Diet Coke	

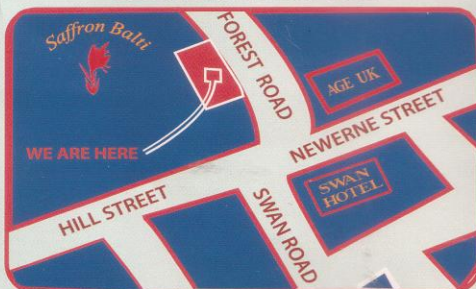
### SET MEAL FOR TWO

Mixed Kebab  
Chicken Kurma & Chicken Madras  
2 Pilau Rice  
1 Nan, 2 Papadoms  
Onion Salad, Mint Sauce &  
Mango Chutney  
**£ 15.50**

### TANDOORI SPECIAL MEAL

1/4 Tandoori Chicken  
Lamb Tikka, Chicken Tikka & Sheek Kebab,  
Chicken, Meat or Prawn Bhuna  
Pilau Rice, Nan & Papadom  
Onion Salad, Mint Sauce & Mango Chutney  
For 1 Person ..... £10.95  
For 2 People ..... £18.50  
For 3 People ..... £24.95  
For 4 People ..... £31.50

### How to find us:



We aim to provide the highest Standard of quality and taste in all our dishes and base our success on customer Satisfaction .  
Should there be a dish not on our menu which you Prefer,  
Please inform us and if possible we will try and Prepare it for you.

# Saffron Balti



## Restaurant & Take-Away

Indian Cuisine at its best

5A Forest Road, Lydney GL15 5LA

Tel: 01594 844100 / 844110

We recommend you order by telephone to save waiting time

**You are most welcome to bring your own alcoholic drinks when you dine in our restaurant (except for soft drinks).**

**Open 7 Days a Week (including bank holidays)**

Sunday to Thursday: 5.00pm - 11.00pm

Friday & Saturday: 5.00pm - 11.30pm

*We are the first Indian Restaurant & Take Away in Lydney with the open plan kitchen For you to see your meals being freshly prepared by our chef. We specialise in vegetarian Dishes. Large group orders welcome (please book). Please ask for any dishes not seen on the menu.*

All prices are inclusive of VAT. Cheques are only accepted with a valid bankers card.  
The Management has the right to refuse service.

See our Menu at [www.saffron-balti.co.uk](http://www.saffron-balti.co.uk)

Find us on:

## STARTERS

Served with fresh green salad and mint sauce

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|--------------------------------|-------|--|-------|
| 1. Onion Bhajee                | £2.75 | 12. Mixed Starter  | £5.95 |
| 2. Samosa (Meat or Vegetable)  | £2.75 | Chicken tikka, lamb tikka, sheek kebab, samosa and onion bhajee.               |       |
| 3. Chicken or Lamb Tikka       | £3.25 | 13. Hot & Spicy Chicken  | £3.45 |
| 4. Chingri Fries (King Prawns) | £3.45 | 14. Paprika Chicken or Vegetable   | £3.45 |
| 5. Tandoori Chicken            | £2.95 | Stuffed peppers, baked in tandoor, seasoned with fresh spices and green herbs. |       |
| 6. Sheek Kebab or Shami Kebab  | £2.75 | 15. Salmon Tikka (Fish)  | £3.50 |
| 7. Chicken Chat                | £3.45 | 16. Prawn Cocktail   | £2.75 |
| 8. Chicken Pakora              | £3.45 | 17. Machlee Biran (Fish)   | £3.45 |
| 9. Prawn or Chicken Puri       | £3.45 | 18. Fish Pakora  | £3.45 |
| 10. King Prawn Butterfly       | £4.75 |  |       |
| 11. Raj Hash (Duck)            | £3.50 |  |       |

## TANDOORI SPECIALITIES

All Tandoori dishes are served with fresh green salad and mint sauce

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|---|-------|---|-------|
| 19. Tandoori Chicken  | £5.75 | 24. Chicken or Lamb Tikka Shaslik   | £7.95 |
| Marinated spring chicken roasted in a clay oven   |       | Pieces of chicken or lamb roasted in a Tandoori oven with onions, tomatoes & capsicum. Served with a massalla sauce |       |
| 20. Chicken or Lamb Tikka   | £6.25 | 25. Vegetable Shaslik   | £6.95 |
| Marinated boneless pieces of chicken roasted in a clay oven.  |       | Potatoes, cauliflower, mushroom, tomato, green pepper & onion served with a massalla sauce.                         |       |
| 21. Raj Hash (Duck)   | £8.50 | 26. Jhingha La-Jawab  | £8.95 |
| Marinated pieces of duck roasted in a clay oven with herbs & spices.  |       | Jumbo sized king prawns, cooked in a medium spiced semi dry sauce, A truly delicious dish.                          |       |
| 22. Tandoori Deluxe   | £8.50 | 27. Tandoori Fish Tikka   | £7.95 |
| A mixture of Tandoori dishes consisting of tandoori chicken, chicken tikka, lamb tikka & sheek kebab served with Nan bread. |       | Salmon steak marinated in tumeric, lemon juice, fresh herbs, spices and rock salt.                                  |       |
| 23. Tandoori King Prawns  | £9.50 |   |       |
| Large prawns marinated and roasted in a clay oven.  |       |   |       |

## CHEF'S SPECIALITIES

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|--|-------|--|-------|
| 28. Lack Sultan  | £8.95 | 38. Chicken or Lamb Pasanda  | £6.95 |
| King prawns in a thick spicy sauce mixed with herbs.                                 |       | Cooked in yoghurt, fresh cream, mild spices, mixed ground nuts & a special sauce.  |       |
| 29. Anju Ani Asia  | £6.75 | 39. Butter Chicken   | £6.50 |
| Filletted chicken freshly cooked with exotic spices, fresh herbs, mince meat & egg.  |       | Chicken cooked with butter & pure ghee. Creamy dish.   |       |
| 30. Chicken Jeera  | £6.50 | 40. Chicken Tikka Massalla   | £6.50 |
| Hot & spicy chicken dish prepared with tumeric, cumin, coriander & green chillies.   |       | Rich, spicy, creamy sauce  |       |
| 31. Chicken or Lamb Jalfrezi Massalla  | £6.95 | 41. Emily Maya Chicken   | £6.50 |
| Barbecued chicken or lamb cooked hot with Chef's own special spices.                 |       | A very popular dish from the south of India. Cooked with coconut milk, spices and fresh curry leaves creating deliciously mild dish.                                   |       |
| 32. Chicken or Lamb Tikka Jalfrezi   | £6.50 | 42. Emily Maya King Prawn  | £8.95 |
| Chicken or lamb tikka cooked with fresh green chillies & herbs. Fairly hot           |       | 43. Jhingha Massalla   | £9.42 |
| 33. Chicken or Lamb Chilli Chutney   | £6.50 | King sized prawns baked in the tandoor extensively prepared with a rich spicy creamy sauce.  |       |
| Chicken or lamb cooked in chilli chutney with garlic.                                |       | 44. Delhi Korai  | £6.95 |
| 34. Murghi Massalla  | £6.95 | Diced marinated pieces of chicken cooked with chunks of green pepper, onion, tomatoes and fresh green chillies. Slightly hot.  |       |
| Pieces of chicken cooked with minced meat in a thick spicy sauce.                    |       | 45. Jaipuri Chicken or Lamb  | £6.95 |
| 35. Rajesthani Garlic Chicken or Lamb  | £6.95 | A classic dish from the north of India, simmered in a tantalising hot and sour sauce with a touch With a touch of tamarind and a hint of chilli paste - fabulous dish. |       |
| Chicken or lamb cooked with garlic, cumin seeds, tomato, capsicum, onions & herbs.   |       | 46. Salmon Ka-Jhool  | £7.45 |
| 36. Garlic Tiger King Prawns   | £8.95 | The famous fish speciality - salmon steaks simmered in delicate freshly ground spices with fresh coriander.  |       |
| Large prawns cooked with capsicum, potatoes, herbs, green chillies, spices & garlic. |       |  |       |
| 37. Special Saffron Dilkush  | £7.50 |  |       |
| Chicken, lamb & prawns cooked in a special Bhuna sauce. Fairly hot.                  |       |  |       |

Slightly hot / fairly hot / very hot / contains nuts / suitable for vegetarians

## TRY OUR NEW HOUSE SPECIALITIES

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|---|-------|--|-------|
| 47. Indian Fish   | £7.95 | 50. Duck Raja  | £8.50 |
| Freshwater fish cooked in a delicate, thick, medium to hot spicy bhuna sauce to give that mouth-watering taste. off the bone fillet.                                  |       | Duck breast fillet cooked with delicate blends of herbs and spices simmered in orange and butter with a hint of chilli. Slightly hot.                                |       |
| 48. Bay of Bengal (Fish)  | £7.95 | 51. Saffron Special Kurma  | £6.50 |
| Another famous fish dish from the Bay of Bengal. Extensively prepared with beans, fresh spices & herbs to give that authentic Bangladeshi taste, off the bone fillet. |       | We present our own exclusive recipe for this smooth succulent chicken mild dish.   |       |
| 49. Tandoori Garlic Chilli Chicken  | £6.95 | 52. Tandoori Garam Massalla  | 6.50  |
| Marinated tandoori baked chicken off the bone. Cooked with fresh sliced green chillies, mustard seeds, ground spices and lots of sliced garlic and chopped herbs.     |       | This is a combination of tandoori varieties comprising of chicken tikka, lamb tikka and sheek kebab in a slightly hot thick sauce with Chef's five favourite spices. |       |

## BHUNA DISHES

Medium hot in a rich, fairly thick spicy sauce.

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|----------------------------------|--------|
| 54. Chicken Bhuna                | £ 4.95 |
| 55. Lamb Bhuna                   | £ 5.45 |
| 56. Chicken Tikka or Prawn Bhuna | £ 5.55 |
| 57. King Prawn Bhuna             | £ 8.45 |
| 58. Vegetable Bhuna              | £ 4.45 |

## PATHIA DISHES

Cooked in hot, sweet & sour sauce with tomatoes & lemon.

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|-----------------------------------|--------|
| 64. Chicken Pathia                | £ 4.95 |
| 65. Lamb Pathia                   | £ 5.45 |
| 66. Chicken Tikka or Prawn Pathia | £ 5.55 |
| 67. King Prawn Pathia             | £ 8.45 |
| 69. Vegetable Pathia              | £ 4.45 |

## ROGON DISHES

Special rich tomato sauce with garlic & onions.

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|---------------------------------------|--------|
| 75. Chicken Rogon Josh                | £ 4.95 |
| 76. Lamb Rogon Josh                   | £ 5.45 |
| 77. Chicken Tikka or Prawn Rogon Josh | £ 5.55 |
| 78. King Prawn Rogon Josh             | £ 8.45 |
| 79. Vegetable Rogon Josh              | £ 4.45 |

## KURMA DISHES

A mild creamy sauce with almonds, coconut & sultanas.

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|----------------------------------|--------|
| 85. Chicken Kurma                | £ 4.95 |
| 86. Lamb Kurma                   | £ 5.45 |
| 87. Chicken Tikka or Prawn Kurma | £ 5.55 |
| 88. King Prawn Kurma             | £ 8.45 |
| 89. Vegetable Kurma              | £ 4.45 |

## BALTI DISHES

All our Balti dishes are individually prepared with only the finest ingredients in full view of our guests. The fine flavours and aromas are enhanced by our special marinade of herbs and spices to enrich each Balti.

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|------------------------------------|-------|-------------------------------|-------|
| 95. Chicken or Lamb Balti          | £5.45 | 99. Prawn Balti               | £5.55 |
| 96. Chicken or Lamb Tikka Balti    | £5.95 | 100. Prawn and Mushroom Balti | £6.50 |
| 97. Chicken or Lamb Mushroom Balti | £6.50 | 101. King Prawn Balti         | £8.45 |
| 98. Chicken or Lamb Saag Balt      | £6.50 | 102. Vegetable Balti          | £4.95 |

## BIRANY DISHES

Basmati rice combined together with chicken, lamb, prawn or vegetable. Medium hot cooked with ghee, delicate spices & herbs. Served with mixed vegetable curry.

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|--|-------|-----------------------------------|-------|
| 103. Chicken or Lamb Birany                | £7.45 | 106. Prawn Birany                 | £7.45 |
| 104. Chicken Tikka Birany (massalla sauce) | £7.95 | 107. King Prawn Birany            | £9.45 |
| 105. Saffron Special Birany                | £9.45 | 108. Vegetable or Mushroom Birany | £6.45 |

## DUPIAZA DISHES

Medium hot cooked with chunks of onions, tomatoes & capsicum.

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|------------------------------------|--------|
| 59. Chicken Dupiaza                | £ 4.95 |
| 60. Lamb Dupiaza                   | £ 5.45 |
| 61. Chicken Tikka or Prawn Dupiaza | £ 5.55 |
| 62. King Prawn Dupiaza             | £ 8.45 |
| 63. Vegetable Dupiaza              | £ 4.45 |

## SAAG WALA DISHES

Cooked with spinach, garlic & ginger. Medium hot

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|-------------------------------------|--------|
| 70. Chicken Saagwala                | £ 4.95 |
| 71. Lamb Saagwala                   | £ 5.45 |
| 72. Chicken Tikka or Prawn Saagwala | £ 5.55 |
| 73. King Prawn Saagwala             | £ 8.45 |
| 74. Vegetable Saagwala              | £ 4.45 |

## DANSAK DISHES

Sweet & hot dish cooked with lentils & pineapple.

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|-----------------------------------|--------|
| 80. Chicken Dansak                | £ 4.95 |
| 81. Lamb Dansak                   | £ 5.45 |
| 82. Chicken Tikka or Prawn Dansak | £ 5.55 |
| 83. King Prawn Dansak             | £ 8.45 |
| 84. Vegetable Dansak              | £ 4.45 |

## MEDIUM, MADRAS, VINDALOO

CURRIES Add 50p for hot curries.

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|----------------------------------|--------|
| 90. Chicken Curry                | £ 4.50 |
| 91. Lamb Curry                   | £ 5.00 |
| 92. Chicken Tikka or Prawn Curry | £ 5.35 |
| 93. King Prawn Curry             | £ 7.95 |
| 94. Vegetable Curry              | £ 4.45 |